

- We are always accepting applications for free/reduced meals.
- Go to the My School Bucks website (www.myschoolbucks.com) to check student meal account balances and make payments.



MIDDLE MENU SCHOOL

BREAKFAST PRICES.
\$1.65; 30¢ (reduced)
LUNCH PRICES.
\$2.85; 40¢ (reduced)
DRINKS.
milk / OJ (50¢); water (\$1.00)

- Alternative breakfast choices are cereal, breakfast bar or Pop Tart.
- Alternative lunch choices are chef salad, pizza, cheeseburger or chicken sandwich.
- OJ is offered at breakfast everyday.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>NOVEMBER 2019</p>				<p>BREAKFAST Laker Donut and Blueberries</p> <p>LUNCH Chicken Wings, Potato Fries, Celery Sticks and Peaches</p>
<p>4</p> <p>BREAKFAST Frudel and Mixed Berries</p> <p>LUNCH Teriyaki Steak Wrap, Potato Fries, Broccoli and Pineapple</p>	<p>5</p> <p>BREAKFAST French Toast Sandwich and Grapes</p> <p>LUNCH Walking Taco w/ Salsa, Corn and Strawberries</p>	<p>6</p> <p>BREAKFAST Ham & Cheese Bagel and Strawberries</p> <p>LUNCH Meatball Sub, Side Salad, Green Beans and Mixed Fruit</p>	<p>7</p> <p>BREAKFAST Cereal, Toast and Applesauce</p> <p>LUNCH Grilled Cheese Sandwich, Tomato Soup, Celery Stix w/ PB & Peaches</p>	<p>8</p> <p>BREAKFAST Laker Donut and Mixed Berries</p> <p>LUNCH Chicken Alfredo, Broccoli, Corn and Applesauce</p>
<p>11</p> <p>BREAKFAST Breakfast-on-a-Stick and Mixed Berries</p> <p>LUNCH Philly Cheese Steak Sub, Potato Fries, Cherry Tomatoes and Pears</p>	<p>12</p> <p>BREAKFAST Pancakes, Bacon and Blueberries</p> <p>LUNCH General Tso's Chicken w/ Rice, Peas, Broccoli and Strawberries</p>	<p>13</p> <p>BREAKFAST Ham & Cheese Bagel and Orange Slices</p> <p>LUNCH Mac & Cheese, Celery w/ PB, Green Beans and Mixed Fruit</p>	<p>14</p> <p>BREAKFAST Scrambled Eggs w/ Cheese, Toast and Peaches</p> <p>LUNCH Taco Wedges w/ Salsa, Corn & Black Beans Salsa and Cranberries</p>	<p>15</p> <p>BREAKFAST Laker Donut and Strawberries</p> <p>LUNCH Hot Ham & Ch. on Pretzel Bun, Bzkd Beans, Potato Fries and Peaches</p>
<p>18</p> <p>BREAKFAST Breakfast Pizza and Raisins</p> <p>LUNCH Chicken Wrap, Potato Fries, Cherry Tomatoes and Raisins</p>	<p>19</p> <p>BREAKFAST French Toast Sticks, Sausage and Blueberries</p> <p>LUNCH Pepp. & Ch. Breadsticks, Side Salad, Peas and Pears</p>	<p>20</p> <p>BREAKFAST Ham & Cheese Bagel and Baked Cinnamon Apples</p> <p>LUNCH Turk. Gvy. & Mashed Potatoes, Dinner Roll, Gr. Beans, Applesauce & Ice Cream</p>	<p>21</p> <p>BREAKFAST Fruit Smoothie and Mini-Muffin</p> <p>LUNCH Pretzel Burger, Potato Fries, Baked Beans and Strawberries</p>	<p>22</p> <p>BREAKFAST Laker Donut and Mixed Berries</p> <p>LUNCH Chicken Wings, Celery and Carrot Sticks w/ Dip and Peaches</p>
<p>25</p> <p>BREAKFAST Pop Tart and Raisins</p> <p>LUNCH Spaghetti w/ Meatballs, Brdstk., Green Beans, Carrot Stix and Mixed Fruit</p>	<p>26</p> <p>BREAKFAST Egg & Ch. Omelet, Toast and Peaches</p> <p>LUNCH Pizza Crunchers, Side Salad, Corn and Strawberries</p>	<p>27</p> <p>BREAKFAST Fruit Smoothie and Mini-Muffin</p> <p>LUNCH Sub Sandwich, Bag of Chips, Sun/ Cherry Sidekick and Cranberries</p>	<p>HAPPY</p> <p>THANKSGIVING!!</p>	<p>29</p> <p>NO SCHOOL TODAY!!</p> <p>THANKSGIVING BREAK!!</p>

This institution is an Equal Opportunity Provider.

Menu subject to change due to weather conditions.